



ON THE TRAIL NEWSLETTER

June 2022

CALGARY WEEKEND HIKERS

Summer 2022 Edition

From the Online Photo Gallery

- Still a nice day on Alymer Lookout



- Crocuses open in the Coyote Hills



- Enjoy the sunshine on Exshaw Ridge



- Giant Douglas Fir on Great Moraine Loop



From the President

-- by Mike Cogut --

Summer has returned. At times I thought it would never come.

Hopefully you all managed to enjoy the outdoors this past winter. This is the first year that we have officially provided for club events to be posted during the winter season. I think we did quite well and probably should have considered this sooner. Thanks to Steve Bodie and others, there were almost 40 hikes posted during the winter. Wow! This is a great start to this new era in our Club's history.

As of June 1 we have re-instituted carpooling on the website. This returns us to our pre-pandemic procedures. The pandemic has been quite a challenge to our Club. We saw many of our members elect to hike in splinter groups instead of with the Club. While this was understandable, it caused our membership, postings and hike sign-ups to trend downwards. Hopefully this trend will reverse itself and our members will once again post and participate in Club events.

We have been experiencing an agonizing email issue, with many of our emails finding their way into members' spam/junk mail folders. I think that we have finally identified the cause and Fritz is in the process of rectifying it. Hopefully it will be a thing of the past.

As mentioned by me before, the vibrancy of the Club is based on the number of hikes posted on our calendar. We could still use more volunteers to coordinate and post hikes. I have found coordinating hikes to be a very rewarding experience and I am sure you will too. If you can contribute here, please contact Lorna Jurgens at lornajurgens@yahoo.ca

Lastly, we have been able to fill vacancies on the Executive Committee with the exception of the Vice-President. It is essential that someone comes forward to volunteer for this position. I can honestly say that the rewards very much outweigh the time commitment. Please consider serving on the Executive Committee in this capacity. If you are interested, please contact Doug Hackbarth at hackenv2@shaw.ca

Wishing you all a great summer in the great outdoors. Mike.

~~~~~

(Continued on page 2)

### The 2021 Executive Committee

|                            |               |                             |                 |
|----------------------------|---------------|-----------------------------|-----------------|
| President:                 | Mike Cogut    | Social Coordinator:         | Sigrid Willi    |
| Vice President:            | vacant        | Communications Coordinator: | Fritz Kiessling |
| Secretary:                 | Susan Rimer   | Archiving:                  | by Secretary    |
| Treasurer:                 | Terry Wilson  | Newsletter:                 | Dorothy Whitson |
| Hike Planning Coordinator: | Lorna Jurgens | Webmaster:                  | Fritz Kiessling |
| Membership:                | Julia Tsang   |                             |                 |



# ON THE TRAIL NEWSLETTER

June 2022



## Updates From Your Membership Team

-- by Julia Tsang & Deb Steele --

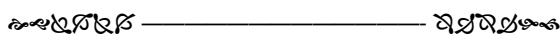
A warm welcome to all new members: 43 in total so far. At press time, there are 330 individual members or 242 membership units.

A membership unit consists of one single member, a couple/family that reside at the same address. In addition, there are 87 Honorary Members (individuals). We currently do not have a waiting list.

We had to cancel our annual New Members Night once again this year. Instead, we are going to offer three different hikes exclusively to our new members. So please stay tuned.

I would also like to recognize Pati Roberts, and Joyce Scully for their contribution as past Membership Coordinator Team. A big thanks to both! Also behind the scene was Neil Martin – a big thank you to him as well!

Deb Steele and I are sharing the role of Membership Coordinator. Deb will be processing New Member requests and I will be responsible for Membership renewals.



## Hikes Planning Committee

-- by Lorna Jurgens --

Welcome to the new members and to all returning members for the 2022 season.

The winter season was a big success with a total of 28 hikes and snowshoes from January 1 to March 31. A very big thank you to all the leaders who put on the winter hikes and especially to Steve Bodie for leading ten of them.

The official summer season started April 1. As of May 26, there have been 34 hikes with 27 being in the mountains and foothills. Seven hikes were offered in the city and at Glenbow Ranch.

The “Easy” New Members Day hike of May 28 was cancelled because there were not enough participants. The Moderate New Members Day

hike is scheduled for Sunday, June 12. The Difficult New Member’s Day hike was changed to Saturday, June 11 because of the large snowpack in the mountains. Hopefully by then the snow will have melted and a trail can be considered and announced.

We need more interested parties to come forward to lead moderate and difficult hikes into the mountains. If you are unsure that you can lead a hike, there are members who will be happy to help you get started. Please contact me at [lornajurgens@yahoo.ca](mailto:lornajurgens@yahoo.ca)

This year there are two multi-day hikes offered as follows:

- Fernie, BC. July 5 - 8
- Waterton National Park. July 23 - 27

We are looking for coordinator for day hikes on the multi day trips. Hikes for these trips will be posted closer to the dates and emails will be sent to all participants.

Following is the list of levels of difficulty for CWH hikes:

### **D1 - (C) CITY**

More than 4 km and generally less than 10 km in length, with minimal elevation gains, but may involve some climbing (e.g., Nose Hill Park).

### **D2 - (E) EASY**

Generally less than 10 km in length with elevation gains of less than 300 m and no steep slopes.

### **D3 - (M) MODERATE**

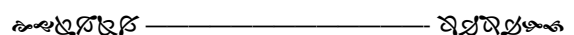
Typically about 10-15 km in length and/or 300-500 m elevation gain.

### **D4 - (D) DIFFICULT**

Typically 15-25 km in length and/or 500-1000 m elevation gain.

### **D5 - (XD) EXTRA DIFFICULT**

Either more than 25 km in length requiring superior stamina, or in excess of 1000 m of elevation gain requiring strong legs, or both.





# ON THE TRAIL NEWSLETTER

June 2022



## Social Committee

-- by Sigrid Wili and Pat Booker --

The Club's what-used-to-be Annual Pot Luck Dinner in October has been sorely missed by many members over the COVID years. Is there a possibility it can be resumed in 2022? In anticipation that this might be possible, the Club has reserved the Marda Loop Community Centre hall with the understanding this reservation may have to be cancelled. The Centre is kindly holding the hall for us with no obligation should we have to cancel. Your Club Executive will monitor the COVID situation over the next few months to determine whether it makes sense to attempt a dinner of some kind. The tentative date is October 28. We'll keep you posted!

සමාජ කමිටිය ————— වි.වි.වි.වි.වි.වි.

## Skyline Hikers

-- by Cheryl Olson --

In 1991 I joined Calgary Weekend Hikers. Moose Mountain was my first hike and the beginning of many (30+) adventurous years exploring the beautiful Rocky Mountains. Elsie James (CWH Co-Founder) invited me first to CWH and then in 1992 to the Skyline Hikers of the Canadian Rockies group camp at Tombstone Mountain. My backcountry hiking passion was born!

Skyline hosts 5, week-long, backcountry hiking camps from mid July to mid August each summer, hiking in on a Monday and out on Saturday. Hikers are bussed to and from the trailhead from a convenient location like Calgary, Banff or Canmore. Skyline provides roomy canvas prospector tents with cots, a professional chef/staff for great meals in the mountains and fresh food delivered weekly by an Outfitter with horses! Skyline provides 4 staff to each camp: Chief Hike Leader, Camp Manager, Musician and Medic.

The Chief Hike Leaders organize 4-6 hikes Tues-Friday with day leaders. The Camp Manager will organize tent mates and camp life in general. The Musician will entertain you each

evening in the Donut tent where our voices rebound off the nearest mountain. The Medic treats blisters and minor injuries from the Medic tent in the mornings and afternoons.

COVID has restricted our tent format for 2022 - Skyline is offering a lodge based hiking experience at beautiful Talus Lodge. In 2023, Skyline is planning to return to 5 full backcountry camps at Johnson Creek. Please go to the website shown below and click on the 2022 season which outlines the Talus Lodge experience in every detail. It sounds very tantalizing and luxurious!

Please check our website at [Skylinehikers.ca](http://Skylinehikers.ca) for registration and helpful instructions about gear etc. for hiking in the mountains.

සමාජ කමිටිය ————— වි.වි.වි.වි.වි.

## From the Basement

-- by Mike Cogut --



I was working in the basement the other day and I turned around and this is what my pack looked like. I immediately moved it to my garage. I don't think I can trust it to be in the house anymore

සමාජ කමිටිය ————— වි.වි.වි.වි.වි.

## RockyMaintain Outlook

-- by Dorothy Whitson --

:For up to date information on what's happening in the Bow Valley subscribe to [RMOTODAY.com](http://RMOTODAY.com) by Rocky Mountain Outlook - it's a great way to keep in touch with what is happening in the ranges just west of us.

සමාජ කමිටිය ————— වි.වි.වි.වි.වි.



# ON THE TRAIL NEWSLETTER

June 2022

# CALGARY WEEKEND HIKERS

## From your Webmaster

-- by Fritz Kiessling --

You may have heard that we have been active in adjusting software issues to prevent emails from the club to get stuffed into your "junk mail" or "spam mail" folders, resulting, at times, in our members finding their hike notices or other club emails too late. In large we have succeeded.

Certainly the reporting of such events has not just decreased, but has actually stopped.

However, we are still vigilant and would like to get your report if such an occurrence happens to you. Please send the affected email to the club webmaster. But here is the trick to make such a report more effective.

Don't just open the affected email and reply. That doesn't give us the information we need. Instead, please open an empty email, address it to the [webmaster](#) and attach the affected email. That lets us analyze the routing and with time find a fix for the problem.

Notwithstanding (love that phrase) the above, please check your "junk mail" or "spam mail" folders. Another way (I use that practice) is to disable those folders. Most email programs will let you do that. The argument for that is that if the program stuffs emails into those folders, "you" still have to go there to figure out if in fact those emails are junk or spam. So why not leave them in the Inbox. That way you will always get all your emails in a timely fashion.

~~~~~

Bear Sprays, Pepper & Bangers

- Safely dispose of bear spray and pepper spray for free at a household hazardous waste drop-off at designated fire station - put in secure bear spray bin.
- Bear Bangers are not allowed to be used in National Parks.

~~~~~

## And, for those that like travelling, it's back to normal airport operations!



A doctored up Dolighan, thanks for the original in 2010  
Reprinted courtesy of "The Calgary Herald"

Reprinted courtesy of "The Other Coast" by Hairy Dogs.

